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# ESOL TAPAS

TEACHING AND PROFESSIONAL APPETIZERS

## Celebrate Health Literacy Month!

October is Health Literacy month and this issue of TAPAS is devoted to health literacy resources for non-native English speakers. The official website has more information and events on health literacy month at [www.healthliteracymonth.org](http://www.healthliteracymonth.org).

The USCRI has released a Healthy Living Toolkit for refugees and immigrants. The toolkit includes information on communicable diseases, respiratory diseases, nutrition related diseases, maternal and child health, mental health, health care access and general health. The toolkit is available in 8 languages for download at the USCRI website at <http://www.refugees.org/article.aspx?id=1854>. Or you may request the toolkit on CD-Rom from the Northeast ABLE Resource Center Bodega at <http://www.neable.org/resources/Bodega/bodegaelcivics#9>.

## Great Resources!

Health & Literacy Special Collection - [www.healthliteracy.worlded.org](http://www.healthliteracy.worlded.org)

This website houses lessons, activities and games on health literacy. There is also easy to read and multilingual information. Many of the activities are interactive and have audio accompaniment for students.

Visiting the Doctor <http://literacynet.org/vtd/> has interactive activities for students to practice.

Reading Prescription Labels - Instructional tool available on <http://www.neable.org/resources/materials/instructional>



Migrant Workers in Painesville ABLE

## NE RC LIBRARY RESOURCES

### *Health Stories: Readings and Language Activities for Healthy Choices*

This series is appropriate for beginning levels of ESOL students.

### *Life Skills Literacy: Things to Know about Medicine and Health*

This book is written for intermediate and advanced ESOL students.

Available upon request at [www.neablelibrary.org](http://www.neablelibrary.org).



## Ohio TESOL Conference: EXTRA SPECIAL OPPORTUNITY!

Once again the Resource Center Network (RCN) will offer the opportunity for ABLÉ teachers to attend the Ohio TESOL conference as an additional professional development activity. The conference takes place November 16-17 at the Hilton Easton in Columbus.

Register through the Northeast ABLÉ Resource Center to have your registration paid and become eligible for up to \$105 reimbursement for hotels and/or meals. Slots are limited! Reserve a space today!

1. Sign up on the training calendar at: [www.neable.org](http://www.neable.org).
2. The Resource Center will then send you the forms to complete your registration.
3. Complete the Registration form
4. If you are not a member, complete the Membership form and send a check for \$25 made payable to "Ohio TESOL." You must be a member to take advantage of this opportunity.
5. Submit all forms to the Northeast ABLÉ Resource Center by **October 26<sup>th</sup>**!

*This is an additional professional development opportunity and will not affect your IPDP or any activity that you have chosen to participate in and/or receive reimbursement for this year.*

### More PD Opportunities!

The next **Health Literacy Institute** occurs October 28-31, 2007 in Freeport, Maine. For more information, visit [www.healthliteracyinstitute.net](http://www.healthliteracyinstitute.net).

**Destination America** was just added to the list of Alternative Delivery trainings on the training calendar at [www.neable.org](http://www.neable.org). This activity is composed of the PBS television series by David Grubin on DVD and book by Chuck Wills. It "focuses on the world immigrants left behind, the roots that defined them, and the frustrations, hardships, discontents and ambitions that made and continues to make America their destination."

The DVD runs approximately 3 hours and 40 minutes and is divided into four parts: 1) The Golden Door, 2) The Art of Departure, 3) The Earth is the Lord's and 4) Breaking Free: A Woman's Journey.

The book, illustrated with over 500 photos and works of art, highlights the freedoms which compelled people to come to America: freedom to worship, freedom from oppression, freedom from want, freedom from fear, and freedom to create.